

All My Days

A Summer Worship Series on Prayer



Communion Sunday: Petition August 2, 2026

We are a progressive community of faith seeking to follow the teachings of Jesus, pursue justice and live God's love.

**No matter who you are, or where you are on life's journey,
you are welcome here.**



A Note for Families / Folks of All Ages: During the summer, we do not have church school, but young people are encouraged to check the basket on the picnic table for activities. There are clipboards with paper and coloring pages, for worshippers of any age to use during the service.

PRELUDE

Keep On The Sunny Side

Ada Blenkhorn &
J. Howard Entwisle

Bruce Martel, guitar

WELCOME TO WORSHIP

THRESHOLD MOMENT

***CALL TO WORSHIP**

One: As we tune our ears to the wind and water, and our hearts to you: Holy One,
help us to settle in this place.

All: We arrive, buoyed by hope and weighed down by cares.

We hear you say, "Seek and you will find."

One: Teacher Jesus, show us, again, how to put our trust in God.

All: We hear you say, "Seek and you will find."

One: Spirit of Divine Love, give us this day our daily bread.

All: We hear you say, "Seek and you will find."

***OPENING HYMN**

Down to the River to Pray

American Traditional

**Let's all go down in the river to pray
Studyin' about that good ol' way
And who shall wear the starry crown?
Good Lord, show me the way**

Verse 1:

**O, siblings, let's go down
Let's go down, come on down
O, siblings, let's go down
Down in the river to pray.**

Verse 2: **O, neighbors...**

Verse 3: **All God's children...**

*Please rise, on your feet or in your hearts.

Source of Care and Courage, how often do we move through life with tunnel vision, convinced that we just need to keep moving, keep fixing, keep plugging along? When we forget that we are not on our own, when we assert our independence at the cost of connection, forgive us. Remind us that we do not need to carry our load alone. You are here to help. Thank you.

PASSING OF THE PEACE One: The peace of Christ be with you.
All: **And also with you.**

***SUNG RESPONSE** *Peace Like a River* African American Spiritual

I've got peace like a river, I've got peace like a river,
I've got peace like a river in my soul. (Repeat)

I've got joy like a fountain...
I've got love like an ocean...

PRAYER FOR ILLUMINATION Victoria Good

One: This is the story of God's journey with God's people - including all of us.

All: Open our hearts to receive and our lives to be expanded by what we hear.

SCRIPTURE James 5: 13-16 *and* Luke 5: 15-16

SERMON *"Give us this day, our daily bread..."* Rev. Alison J. Buttrick Patton

OFFERING INVITATION

Help us to live God's love and justice. You can make a secure gift by scanning the QR code, by going to fuccu.org and clicking on "Donate," or by adding your contribution to the box at the back of the sanctuary.



CELEBRATION OF COMMUNION

Invitation to the Table

Prayers of the People

The Lord's Prayer

Our Father-Mother in heaven, hallowed be Thy name. Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our debts as we forgive our debtors. And lead us not into temptation but deliver us from evil, for thine is the kingdom and the power and the glory forever. Amen.

The Story is Told

The Gifts are Blessed

***The Meal is Shared**

You are invited to come forward by the center aisle to receive communion. All bread is gluten free. The juice is non-alcoholic. There are pre-wrapped communion elements for those who prefer, on the communion table.

Communion Anthem

Medley of Spirituals

Unison Prayer of Thanksgiving

Christ in Every Heart, for this moment, this meal, this gathering, we give you thanks! Now, send us out to be your Church in the world, living the love and justice of Jesus. Amen.

***CLOSING HYMN**

Seek Ye First

Karen Lafferty

**Seek ye first the kin-dom of God and God's righteousness
And all these things shall be added unto you. Allelu, alleluia!**

**Ask and it shall be given unto you; seek, and ye shall find;
Knock and the door shall be opened unto you. Allelu, alleluia!**

ANNOUNCEMENTS

BENEDICTION

POSTLUDE

Will the Circle Be Unbroken...

Ada R. Habershon/
Charles H. Gabriel

Terry Foster, accordion

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WORSHIP NOTES

Thank you to FCCUCC choir member **Bruce Martel** and to former Co-Director of Music **Terry Foster** for joining us this week and sharing their musical gifts so that Josie DiPhilippo can take a well-deserved day off!

Thank you to this morning's ushers: Team C, Bill Campbell, captain.

Recording: Gratitude to Alex Ratta for recording our worship this morning!

All My Days is adapted from the series created by Marcia McFee and the Worship Design Studio and used by permission. Worshipdesignstudio.com/days

☐ **Royalty for Spirituals:** Historically, the composers of African American Spirituals were neither known nor compensated for use of their songs. The FCCUCC music department has committed to paying forward a 'royalty' each time we include a Spiritual in worship. We donate funds to the **Indigo Arts Alliance**. Join us: you can donate by check or online, with "Royalty for Spirituals" in the memo. Thank you.

WEEKLY @ FCCUCC

Bible Study every Tuesday, 12:30 - 1:30 pm in Davidson Lounge: Explore the scripture from the past Sunday, led by Pastor Steve.

Prayer Shawls, every Wednesday, 1 - 3 pm, Summer location changes weekly: Text Lynne Lanctot at 318-1605 by Tuesday evening for location. New and experienced knitters welcome. Bring needles size 9, 10, or 11, and your own yarn, or check out the church yarn supply. Questions? Lynne: lanctotla74@gmail.com.

Meetinghouse Choir and Handbell Choir are on summer break. They will resume rehearsals at the end of August.

COMING UP @ FCCUCC

FCCUCC On The Town: A couple of questions for anyone who wants to join in on the fun... Would you be interested in seeing the movie, **The Odyssey**, the first week in August? Would you like to take a trip to Gray for breakfast at **the Sweet Spot**? We could also go (or not) to the **Maine Wildlife Park**, which is also in Gray. Please contact Kathy Sahrbeck for more information or to share your interest. kathrynsme@yahoo.com or 415-0170. Thank you.

Parents of Adult Children, Friday, August 7, 6:00 pm - 7:30 pm, at the home of Carol Zechman, 46 Mitchell Rd, South Portland: To parents of adult children (18+ years): join us for a relaxed, supportive, safe, and confidential space to share and listen to joys and concerns at this stage of parenting. No judgment, no advice-giving -- just a time to build friendships and mutual support, wherever you are on this part of the parenting journey. Potluck snacks and drinks will be provided.

Men's Seekers Group, Saturday, August 8, 8 am in Wright Pavilion: The Men's Seekers Group will hold their breakfast meeting. All those who identify with the male gender or are nonbinary are welcome.

Handbell Basics Workshop, Thursday, August 13, 6:00 pm - 7:00 pm: Handbell Director Sharon Potter will be presenting a Handbell Basics Workshop in the Sanctuary. If you would like to learn how to ring handbells and play in the choir or are just curious about how the instrument works, this workshop is for you. Ages 11 and up are welcome and no prior experience or music reading ability is required. If you are interested or would like more information please contact Sharon Potter at handbells@fccucc.org.

MISSION AND SOCIAL WITNESS

Children's Clothes Closet is now open to the public!

- Second and fourth Wednesdays, 11 am - 1 pm
- Second and fourth Saturdays, 12 pm - 2 pm

If you are interested in volunteering, contact AnnElissa Leveque or Pastor Steve at steve@fccucc.org.

Clothing Donations:

1. Clean, wearable children's clothes of all sizes (including teens) can be dropped off on the 5th floor, in the Children's Clothes Closet donation bin just inside the left-hand door.
2. Adult clothes, shoes and accessories, both wearable *and* unwearable, can now be deposited in the *Apparel Impact* Bin in the main parking lot. Upcycle and recycle to keep clothes out of our landfills! Learn more: <https://www.apparelimpact.com/>.

Clynk Bags are in the narthex (inside main entrance). Collect your returnable cans and bottles and return them to a Clynk collection site at Hannaford or other participating grocery stores. Scan the code on the bags and the refunds will automatically be donated to our FCC mission team. *Thank you!*

Volunteer for Preble Street Food Hub: On the last Friday of each month, we prepare meals at the Food Hub, 75 Darling Avenue, South Portland, for delivery to

Preble Street satellite sites. Please join us! To learn more about how to volunteer, see the Weekly Word or contact Danna Wiggins at dannawig2@gmail.com.

THE WIDER COMMUNITY

Webinar on preserving democracy with our Fair Trade Supplier, Equal Exchange, Thursday, August 6. As a democratic organization of scale, historically and still non-partisan Equal Exchange will engage in this fall's elections for the first time in their 40-year history to defeat election deniers — candidates who would seek to deny us our right to vote and be counted. Please join this important webinar to learn what is driving this decision, and how you can join their efforts to preserve U.S. Democracy. Register Here: <https://tinyurl.com/mr34n35a>

Multifaith Community Vigils, August 11, 18 and 25, 5:30-6:00 pm in Mechanics Park (corner of Main and Water Streets), Biddeford: Join one or more of these weekly vigils led by different local multifaith leaders in Biddeford/Saco (modeled after the vigils we held outside Cumberland County Jail), as together we offer support for grieving neighbors and build loving community. These are prayerful gatherings of love, solidarity and support for the Biddeford community, especially for Johan Sebastián Durán Guerrero's family and friends, our immigrant neighbors, those feeling unsafe, and all caught up in systems of injustice and division.

SUMMER SCHEDULE

- Rev. Alison Buttrick Patton, Senior Pastor, will be away for vacation: Monday, August 3 - Monday, August 24.
- Tom Conlon, Building Manager will be on vacation, August 3-7.
- Melissa Yosua-Davis, Business Manager, will be IN the office on Mondays and Wednesdays.

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WHAT'S UP?

Want to stay in the loop? Make sure you are on our email list! To UPDATE or ADD your contact info, go to: fccucc.org and select "Contact Us".

Find us, like and follow us on social media. Now on Substack! @FCCUCC



Show off your FCCUCC Colors!

Now you can share your love for FCCUCC, thanks to FCC member Bryan Wiggins, who created a colorful design and found an environmentally sustainable company to bring us this lightweight, durable heather gray, 100% organic cotton shirt!



To Place Your Order: Choose from unisex sizes from XS to 4XL for \$30 per shirt by **July 31**, and we'll share the date for you to pick up, pay, and boldly share God's love and justice! Just go to:

<https://tinyurl.com/2d6f2r69> OR scan the QR code:

